Homebrewing Lager Cold Is Cool Again

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- <u>HomebrewCon.org</u>



A Little Bit about Me

Wordy Things

- Editor-in-Chief of <u>Zymurgy</u>
- Author of <u>Lager: The Definitive</u> <u>Guide to Tasting and Brewing the</u> <u>World's Most Popular Beer Styles</u> (Voyageur Press, 2017)
- Author of <u>The Illustrated Guide to</u> <u>Homebrewing</u> (Unfiltered Media, 2016)

Nerdy Things

- Certified BJCP judge
- Certified Cicerone
- Homebrewer since 2009
- Desert island lagers:
 - Augustiner-Bräu Lagerbier Hell
 - Aecht Schlenkerla Eiche
 - Schönramer Pils
 - Pilsner Urquell Tankovna

What Is Lager?

Lager is a **family** of beer styles historically characterized by

- Cold fermentation at 45–55°F (7–13°C)
- Yeast species *Saccharomyces pastorianus*, a hybrid of *S*. *cerevisiae* and *S*. *eubayanus*
- Extended aging ("lagering") near 32°F (0°C)
- Clean expressions of malt and hops with less yeast character than typical for top-fermenting strains

What Isn't Lager (Necessarily)?

- Thin and yellow
- Synonymous with Pilsner
- Less flavorful than ale
- Easier to brew than ale
- Less alcoholic than ale











Well-Known Lager Styles

Pale and amber lagers

- North American & international "green bottle" pale lagers
- Munich Helles
- German Pils & Bohemian Pilsner (Světlý ležák)
- Oktoberfestbier
- Märzen & Vienna lager
- Heller Bock/Maibock
- California common

Dark lagers

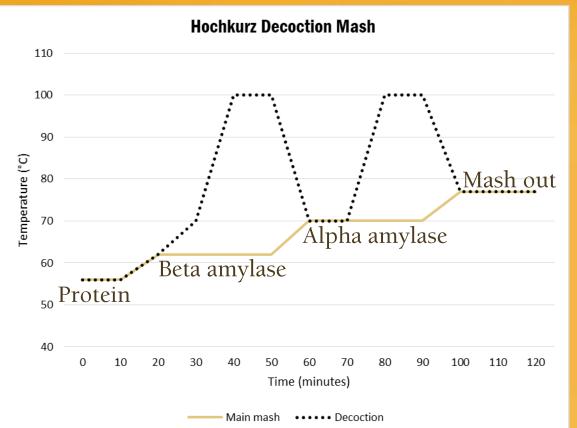
- Munich Dunkel
- Czech dark lager (Tmavý ležák)
- Schwarzbier
- Dunkler Bock
- Doppelbock & Eisbock
- Most Rauchbier
- Baltic porter

Ingredient Selection



- Malt
- Hops
- Water
- Up to you! Use traditional ingredients - for traditional styles, but don't be afraid to experiment for a modern take.
- Yeast: Lots of options!
 - Weihenstephan 34/70, Augustiner, Andechs
 - Urquell, Budějovice
 - Swiss lager
 - California lager
 - American lager

Lager Wort Production



- Single-temperature infusion mash
 - Suitable for virtually all modern malts
 - Easily executed
- Step mash
 - Unnecessary for conversion
 - Separate beta and alpha amylase rests promote attenuation and dryness
 - Keep protein rest short if used at all
- Heating options
 - Hot water infusion
 - Direct heat
 - Decoction



Decoction Effects



Rothaus Pils



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Yeast Suggestions

- Lager strains are many, but they typically have more in common with each other than do ale strains
- Pick one yeast strain and get to know it
- Pitch lots of yeast
- Pitch cold and allow to slightly warm, not the other way around
- Don't fear the rotten eggs

Liquid Yeast Pitches

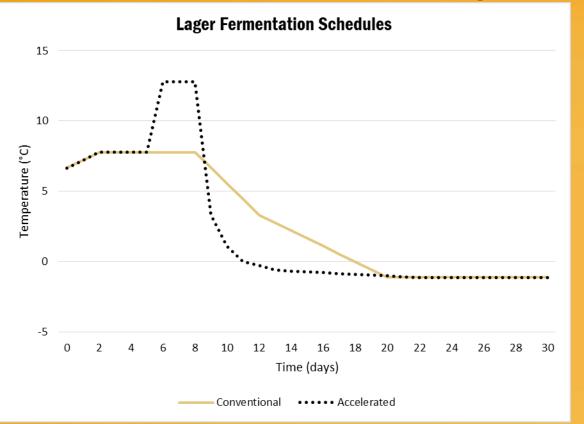
- Calculate liquid yeast pitch as number of cells
- Pitch rate for lagers: 1.5M–2M cells/mL/°P
 - 350B–475B cells for 5 gal. (18.9 L) of 1.050 (12.5°P) wort
 - 425B-550B cells for 5 gal. (18.9 L) of 1.060 (15°P) wort
- Liquid yeast packs typically offer 100B–200B cells
 - Use several fresh yeast packs ...
 - Or make a big starter
 - (I like the yeast calculator at Brewer's Friend)

Dry Yeast Pitches

- Calculate dry yeast pitch by weight
- Dry yeast typically offers 5B–20B cells per gram, depending on whom you ask
- Assuming 8–10B cells per gram balances cost and craziness and implies 90B–115B cells in a 11.5 g sachet
- Still need 3 sachets for 5 gal. (18.9 L) 1.050 (12.5°P) wort
- Lallemand's yeast <u>pitch calculator</u> is a good resource
- Trust your own results

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Lager Fermentation



- Traditional fermentation
 - Constant temperature ferment
 - Slow chill to lager temperature
- Modern accelerated fermentation
 - Initial cold ferment
 - Higher temperature later (diacetyl rest)
 - Faster drop to lager temperature
- Pressurized fermentation
 - Ferment @ 62–68°F (17–20°C) w/ 1 bar (15 psi)
 - Lager 3–5 days near freezing w/ 1 bar (15 psi)
 - WLP925 High Pressure Lager Yeast

Warm Lager Fermentation

- Some homebrewers have done this.
- I have not done this.
- That doesn't mean it doesn't work.
- It only means I haven't done it.
- Trust your own results.
- "<u>The Most Neutral Lager Strain? Effect of Pitching Rate and</u> <u>Fermentation Temperature on Strain Weihenstephan 34/70</u>" by José Pizarro (Homebrew Con 2019)

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Lagering Phase

- Historically, lagering is a long period of cold conditioning at or near the freezing point of water
- I have found fermentation more critical to a clean lager
- I've "lagered" at room temperature with acceptable (though not necessarily award-winning) results
- If you only have one temperature-controlled environment, control fermentation

Off-ish Flavors

Dimethyl sulfide (DMS)

Hydrogen sulfide





Sulfur dioxide



Diacetyl



Advanced Topics: Spunding

- Natural carbonation using primary yeast
- Seal a *pressure-capable* vessel when fermentation is nearly complete
- Use a pressure relief valve!!
- Expect about 1 volume (2 g/L) of CO₂ for every 0.5°P (2 gravity points) of fermentable sugar



Blichmann



BrewHardware.com

• Need to know approx. FG in advance

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Advanced Topics: Kräusening

- Add a measure of actively fermenting beer to finished beer and seal the keg or bottle
- Reinheitsgebot-compliant carbonation
- Math can be tricky: see "Kräusening" by Chris Colby, <u>Zymurgy, Nov/Dec 2018</u> for details

Dave's Top 5 Lager Tips

- 1. Use traditional ingredients (and the methods those imply) for traditional styles.
- 2. Pitch more yeast than you think you need.
- 3. Ferment cold, and pitch even colder.
- 4. Don't stress the lagering phase if you don't have the means.
- 5. Trust your own experience: what works professionally may not work for homebrewers (and vice versa).

Recommended Reading

Handbook of Brewing by Hans Michael Eßlinger Yeast by Chris White & Jamil Zainasheff **Dark Lagers** by Thomas Kraus-Weyermann & Horst Dornbusch <u>A Brief History of Lager</u> by Mark Dredge New Brewing Lager Beer by Greg Noonan Lager by Dave Carpenter Historic German and Austrian Beers for the Home Brewer by Andreas Krennmair



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